

- What race are you and how do you know?
- Are you white, black, brown?

We are all the same under our skin. We belong to the same “race” the “human race”. As a society we are stuck with the word “race” and we use it anyway to describe people according to the colour of their skin and other physical features.



Rev. Justin Maloney Jr.

What race are you?

Some people think that despite us being the same under our skin, other 'races' are better than the rest. This can be in form of a thought, attitude, action, or culture. This leads to **hurt and suffering**. That is racism.

Racism still exists today because we still have people, institutions and systems that are oppressive to minority races.



Making jokes about black people's hair.

Is this racism?

Micro-aggression are comments or actions, to do with race, that may seem insignificant and harmless but in fact **hurtful**.

Any comment that is about skin colour or physical characteristics of an ethnic group, apart from **identification**, can be hurtful and is best avoided. You need to **speak to people as people** and not as people of a certain skin colour.



Making harmless jokes about a black friend's hair.

Is this racism?

There can be negative things that people repeatedly hear about “race” that their brain keeps and uses automatically without thinking. This is called racial unconscious bias.

As individuals, we need to do some cleaning up of the unconscious racial bias that our brain has kept for a long time.



Unconscious Bias

White people have the privilege of walking down the road without negative interactions from others due to the colour of their skin. Black people do not have this privilege.

Other privileges include education, employment, housing, healthcare, and interactions with law enforcement. Most white people are not aware of these privileges until made apparent through witnessing the struggle of people of colour.

**What is
white
Privilege?**



There is a tendency that some white adults see black children to be older than they are. This is called adultification. It is common for black children, to receive unfair treatment from white adults, at school, on the bus, on the street, by law enforcement and other places.

All children are children. All adults must remember this.



Adultification

When people are positioned in a place where they are an ethnic minority, they can easily become a target for racism.

We need to become a society that is sensitive to people who look different from us and make deliberate effort to welcome them and make them “feel at home”.



Rev. Justin Maloney, Jr.

Racial Positioning

What is Racism



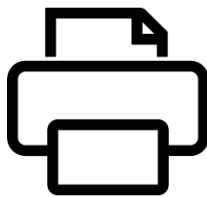
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Rev.

Justin Malewezi Jr.

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1. Anti-racism is to go against racism. The first step is that, you have to firmly believe that although we look different, we are all the same under our skin.
2. Talk to a person as a person and not a person of a certain skin colour.
3. Be aware of negative things that you have heard repeatedly about race. Truly consider how wrong and unfair these statements are.



Against Racism